



Camino al Meta Trek

2 days

Day 1

- 5:00am hotel pick-up included (most locations)
- 7:00am debriefing & breakfast included in Fómeque
- 8:30am park registration at Chingaza lagoon
- 9:00am hike up to La Virgen mountain passage (3 hours)
- 12:00pm picnic lunch included
- 1:00pm hike down to mountain shelter (3 hours)
- 4:00pm arrival to shelter
- 6:00pm dinner included



Day 2

- 7:00am breakfast at the shelter included
- 8:00am 5 hour hike down to San Juanito town
- 1:00pm lunch time at San Juanito included
- 2:00pm departure to Bogotá
- 7:00pm estimated arrival to our meeting point in Chapinero (drop-off at an extra cost)



Altitude variation: 1500 m.a.s.l. to 3800 m.a.s.l. / Night spent at 3400 m.a.s.l.

Temperature range: 15°C day time / 0°C night time

Packing list essentials: copy of passport, waterproof **hiking boots that cover your ankles**, sun protection, **rain protection** (umbrella or rain poncho), warm/impermeable jacket, gloves, scarf, 50 liter backpack (enough to carry your belongings and a sleeping bag that we will provide). We recommend the use of hiking poles.



Transport: 4x4 high clearance vehicle



Accommodation: Mountain shelter with sleeping bags provided by us

US \$350 per person
(group size 2-6 people)

Includes: private 4x4 transportation, bilingual guide, local mountain guide, 1 night at mountain shelter, 1 breakfast, 2 lunches, 1 dinner, sleeping bag, entrances, personal accident insurance & a link to an online photo album.

Does not include: hotel drop-off & optional gratuities



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